

# GP Plus Services (previously 'Out of Hospital Strategies')

- Is your patient at risk of an avoidable admission to hospital?
- Could your patient leave hospital early if appropriate support services were in place?

Consider the following services available through the Adelaide Hills Community Health Service:

<p align="center"><b>OOHS – Services</b> <b>Hospital avoidance / Supported early discharge</b></p>	<p align="center"><b>Patient resides in Country SA</b> <b>- Community or Residential Aged Care Facility</b></p>
<p><b><u>CHL – Country Home Link</u></b> <i>Short-term packages of care, generally up to 7 days (CHSA, Statewide service)</i></p> <p><b>Types of support:</b></p> <ul style="list-style-type: none"> <li>▪ Nursing care</li> <li>▪ Paediatric &amp; midwife services</li> <li>▪ Allied health</li> <li>▪ Personal care / Home duties help</li> <li>▪ Client overnight support / Respite &amp; support for carers</li> <li>▪ Emergency accommodation (mental health type referrals only)</li> <li>▪ Transport assistance</li> <li>▪ Short-term supply of medical equipment</li> </ul> <p><b>Contact CHL Coordinator; Ph. 1800 258 688, Fax 8209 9284</b></p>	<ul style="list-style-type: none"> <li>▪ Patient presents to an Emergency Department or are at risk of admission to a Metropolitan Public Hospital</li> <li>▪ Patient is an in-patient of a Metropolitan Hospital and could leave hospital earlier than otherwise possible if appropriate short-term home-based supports are in place.</li> <li>▪ Patient is an in-patient of a Metropolitan and their risk of readmission can be reduced if appropriate short-term home-based supports are in place</li> </ul> <p><b>Referral form:</b></p> <ol style="list-style-type: none"> <li>1. <b>Electronic format – available at <a href="http://www.ahdgp.org.au">www.ahdgp.org.au</a> under 'resources'</b></li> <li>2. <b>Paper format – contact 1800 258 688</b></li> </ol>
<p><b><u>RIBS – Rapid Intensive Brokerage Service</u></b> <i>Flexible, timely, short-term packages of care (generally up to 7 days) (CHSA, Statewide Service – under BCC program)</i></p> <p><b>Types of support:</b></p> <ul style="list-style-type: none"> <li>▪ Nursing – general &amp; advanced care</li> <li>▪ Medication assessments / administration</li> <li>▪ Allied health assessment / therapy</li> <li>▪ Personal care / Equipment</li> <li>▪ Carer respite</li> <li>▪ Emergency accommodation/overnight accommodation</li> <li>▪ Childcare (assistance/respite for unwell client)</li> <li>▪ Domestic services</li> </ul> <p><b>Referral Process:</b></p> <ol style="list-style-type: none"> <li>1. <b>Contact RIBS Coordinator; Ph. 0416 124 889 - Mon-Fri 8:30am-5pm</b></li> <li>2. <b>Immediate response to phone request for RIBS services will be given</b></li> <li>3. <b>Fax referral form if approval given</b></li> </ol> <p><b>Mental Health RIBS, contact coordinator: Daniel MacKenzie for referral process; Ph. 0429 150 970 Mon-Fri 9am-5pm</b></p>	<p><i>Flexible care/services that are provided to patients to support early discharge from, or avoid admission to, a country hospital. The aim of this service is to provide flexible, timely, short-term services that will support a patient to stay in the community, or return to their residential aged care facility.</i></p> <ul style="list-style-type: none"> <li>▪ Patient presents to an Emergency Department, General Practitioner, Mental Health Service and is at risk of being admitted to a Country Public Hospital</li> <li>▪ Patient is an in-patient of a Country Public Hospital, and could leave hospital early if appropriate short-term home based supports are made available</li> <li>▪ Patient is an in-patient and their risk of readmission can be decreased if appropriate short-term home based supports are made available</li> <li>▪ Referrals will only be taken Mon-Fri 8.30-5pm, though services are available over 7 days</li> </ul> <p><b>Referral form:</b></p> <ol style="list-style-type: none"> <li>1. <b>"AHCHS Common Referral Template"&amp; Mental Health RIBs Referral Template <a href="http://www.ahdgp.org.au">www.ahdgp.org.au</a> under 'resources'</b></li> </ol>
<p align="center"><i>If the patient will require longer than 7 days of support, then referral to longer-term services must be completed at the time of referral to these OOHS Services listed above.</i></p>	
<p><b><u>TCP – Transitional Care Packages</u></b> <i>8-12 weeks of support &amp; therapy to improve functioning for older people (can be community or residential – hospital or RACF) (Joint Federal &amp; State program Statewide)</i></p> <p><b>Package of care includes:</b></p> <ul style="list-style-type: none"> <li>▪ Activities of daily living</li> <li>▪ Some allied health</li> <li>▪ Nursing &amp; medical input</li> </ul> <p><b>Contact TCP Coordinator; Ph. 1800 258 688</b></p>	<ul style="list-style-type: none"> <li>▪ For the older patient who is an in-patient of a hospital (Public or Private, Metropolitan or Country) and require support/therapy to improve recovery / restore independence as much as possible to return to living in community (would otherwise require admission to a RACF)</li> <li>▪ For all patients over 65 or 45 for ATSI</li> <li>▪ Must be assessed by ACAT</li> <li>▪ There is a cost involved</li> </ul>

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This information sheet has been produced by the Adelaide Hills Division of General Practice as a guide only. For further information, please contact referral sources by phone.