

GPcare

After Hours Service—GPcare

An integrated after hours GP service working with the Mt Barker Hospital to provide emergency after-hours general practice care to the Hills community.

Operating everyday of the week, appointment accepted by phone Ph. 1300 GPCARE (1300 472 273).

Lissa Selga
lissa@ahdgp.org.au

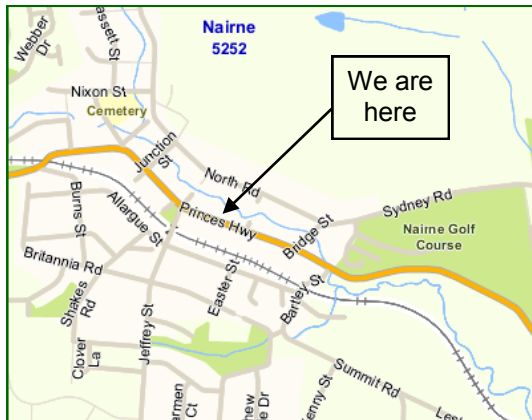
Helen Long
admin@gpcare.org.au

ABOUT THE DIVISION....

Mission Statement: *Supporting local general practitioners and their practice to enhance the health status of the local community*

The Adelaide Hills Division of General Practice provides practice & service support to Doctors in the Adelaide Hills, to improve health outcomes in the region. Working closely with the hospitals & community health centres, the Adelaide Hills Division of General Practice focuses on providing a way forward to benefit the community at large.

The western part of the Division (Stirling, Aldgate, Crafers, Uraidla, Norton Summit) comprises mainly "dormitory suburbs" for Adelaide, with residents commuting to Adelaide on a daily basis. The central parts (Balhannah, Hahndorf, Woodside) are almost entirely rural, with a mixture of both in the eastern areas (Mt Barker, Littlehampton, Nairne).



For the most current information on Adelaide Hills Division of General Practice Inc. visit our website at:

www.ahdgp.org.au



Adelaide Hills
Division of
General Practice Inc.

73 - 75 Main Road, Nairne
PO Box 208
South Australia, 5252
Telephone: (08) 8406 7700
Facsimile: (08) 8406 7777
Email: ahdgp@ahdgp.org.au
Website: www.ahdgp.org.au

BOARD OF MANAGEMENT

Dr Dick Wilson (*Chair*)

Dr Philip Johns (*Board Member*)

Mr Philip Huestis (*Chair Finance*)

Dr Michal Wozniak (*Board Member*)

Ms Annette Grist (*Chair Governance & Planning*)

Dr Sarah Lucy (*Board Member*)

Dr Bruce Mugford (*Board Member*)

MEDICAL DIRECTOR

Dr Michael Taylor

CHIEF EXECUTIVE OFFICER

Mr Kevin Wisdom-Hill

PROGRAMS

Alice Windle

Corporate Programs / Workforce Support Manager

Ann Clarke

Mental Health Clinician

Dianne Cottrell

Mental Health for Drought Affected Communities

Dianne Millard

Program Support Officer—Population Health Unit

Gina Hight

Practice Nurse Mentor

Hayley Askham

Reception Support—GPcare

Helen Long

GPcare Service Manager

Jane Barnett

Healthy Schools Project Officer

Jane Pool

Mental Health Team Leader

Janeen Lallard

Primary Health Project Officer

Janette Baker

Rural Palliative Care / QUM Project Officer

Jenine Lamberton

Mental Health Clinician

Jill Weidenhofer

Reception Support—GPcare

Jo Teakle

Population Health Unit Manager

Kelly Northey

Information Manager

Keri Hill

Finance Support Officer

Lindy Eatts

Office Administrator

Lissa Selga

Manager Project Development, Allied Health & GPcare

Makella Price

Mental Health Clinician

Mary Orr

Local Immunisation Coordinator

Mary-Anne McMichael

Practice Nurse Mentor

Sara Manser

Healthy Schools Project Officer

Sherie Walczak

Finance Officer

Sophie Bulis

Program Support Officer—Allied Health Unit

PROGRAMS & PROJECTS

ALLIED HEALTH UNIT

Mental Health — Local Focus (Better Outcomes in Mental Health)

The “Local Focus” program is part of the Australian Government’s Better Outcomes in Mental Health Care Program. GPs refer low income earners with diagnosis of anxiety and or depression.

Psychologists and mental health nurses provide the services - strategies utilised include psycho-education, cognitive behavioural therapy and interpersonal therapy.

The service is available to clients with mental health issues. A mental health issue often occurs in response to stressful life situations.

A GP referral is required before accessing these services.

Mental Health — MAHS

Brief intervention counselling, with up to 3 visits initially, is provided by Psychologists, Mental Health Nurses and Social Workers at 3 rural locations: (Mt Barker, Gumeracha & Strathalbyn)

Mental Health —Shared Care

Intervention for those with chronic complex mental health conditions. This service is offered to all GPs in the Division via a referral to the Divisional Mental Health Service. The service is generally delivered from the Adelaide Hills Community Health Service in Mt Barker.

Mental Health—Drought Effected Communities

This program provides mental health support for drought affected communities in the Adelaide Hills.

POPULATION HEALTH UNIT

Out of Hospital Strategies

The project has objectives around hospital avoidance and shortened lengths of stay, exploring potentially avoidable presentations to metropolitan hospitals and the process, with a focus on wellness through chronic disease management (a particular focus on Cardio-vascular, Endocrine and Respiratory conditions) and linkage of services.

ABHI Primary Care Integration Program

The program’s objective is to encourage more integrated patient centred care by supporting general practice across SA to incorporate integrated primary health care into their core business and work more collaboratively with other primary care providers in the prevention and management of chronic disease.

CONTACT

Manager: Lissa Selga
lissa@ahdgp.org.au

**Program Support
Officer**
Sophie Bulis
sophie@ahdgp.org.au

Mental Health Clinician
Jane Pool
janep@ahdgp.org.au

Dianne Cottrell
diannec@ahdgp.org.au

Manager: Jo Teakle
jo@ahdgp.org.au

Janeen Lallard
janeen@ahdgp.org.au

Janeen Lallard
janeen@ahdgp.org.au

PROGRAMS & PROJECTS

Continuing Professional Development

A key feature of the Division’s support to general practice is providing high quality CPD for GPs. CPD activities take place monthly and provide GPs with opportunities to increase their skills and knowledge in a range of topics, using various interactive learning modes. All activities are accredited with the RACGP and ACRRM, with the added benefit of peer support and networking with other GPs and health professionals. activities are accredited with RACGP and ACRRM points

Home Medicines Review

A HMR is a collaborative, patient focused service designed to reduce the risk of medication related problems. The Division supports practices in developing systems for conducting HMRs and facilitating links with pharmacies.

National Prescribing Service

The NPS program within the Division delivers independent, evidence-based information and resources on medicines, including 1-1 practice visits, clinical audits and case studies.

Rural Palliative Care Project

Providing support and guidance to the participating rural Divisions of General Practice in achieving the aims of the Rural Palliative Care Framework.

Immunisation

The Program offers education and assistance to GPs and practice staff on immunisation issues such as cold chain management, ACIR, GPII, data cleaning and increasing immunisation rates.

GP Plus Practice Nurse Initiative

The GP Plus Practice Nurse Initiative involves the provision of funding to metropolitan Divisions to employ Practice Nurses. Practices within the Central Northern Area Health Service (CNAHS) region of the Division are eligible for this initiative. Practice Nurses complete a 5 month placement within a General Practice, after which the Practice can choose to directly employ the Practice Nurse.

The Hills Schools – HealthCreate Project

Funded through the Healthy Active Australia Community and Schools Grants Program, the project will target primary school students (particularly year 5’s) and their families in the Mt Barker area, with the overall aim to build a school and community vision of positive lifestyle, with a particular focus on improved nutrition and increased physical activity. The project will also identify, develop and improve links between schools and health services, including GP.

CONTACT

Alice Windle
alice@ahdgp.org.au

Dianne Millard
dianne@ahdgp.org.au

Janette Baker
janette@ahdgp.org.au

Janette Baker
janette@ahdgp.org.au

Mary Orr
mary@ahdgp.org.au

Jo Teakle
jo@ahdgp.org.au

Jane Barnett
janeb@ahdgp.org.au

Sara Manser
sara@ahdgp.org.au